




November-
December 11
Willow Run Headstart

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
14-Nov	15	16	17	18
Chicken Rings Golden Corn Diced Peaches 1% Low Fat Milk	Whole Grain Taco Wedges Garden Salad with Lowfat Dressing Apple Sauce Low Fat Milk	 Beef Patty on A Bun* Sweet Peas Pineapple Tidbits Low Fat Milk	Whole Grain Grilled Cheese Sandwich Tomato Soup Crackers Diced Pears Low fat milk	
21	22	23	24	25
Turkey Mashed Potatoes & Gravy Cranberries Corn Bread Stuffing 1% Low Fat Milk	Pizza Bagel Golden Corn Mandarin Oranges 1% Low Fat Milk	No School	No School	No School
28	29	30	1-Dec	2
Baked Ravioli Green Beans Pineapple Tidbits Garlic Toast 1 % Lowfat Milk	 Chicken Fajita Golden Corn Applesauce 1% Low Fat Milk	Pizza Dippers Fresh Celery w/Ranch Diced Peaches 1% Low Fat Milk	Popcorn Chicken Dinner Roll* Green Beans Orange Smiles Low Fat Milk	
5	6	7	8	9
Grilled Chicken on a Bun Garden Peas Diced Pears 1% Low Fat Milk	Nachos w/Meat & Cheese Broccoli Mixed Fruit 1% Low Fat Milk	Bosco Stuffed Crust Pizza Garden Salad with Lowfat Dressing Diced Peaches Low Fat Milk	Oven Baked Chicken Nuggets Mashed Potatoes w/gravy Northern Beans Warm Baked Apple Slices 1% Low Fat Milk	
12	13	14	15	16
Macaroni & Cheese Green Beans Diced Peaches 1 % Lowfat Milk	 Chicken Patty On a Bun Corn Tossed Salad with Light Dressing Fresh Orange 1% Low Fat Milk	Cheese or Pepperoni Pizza Fresh Carrots w/Ranch Diced Pears 1% Low Fat White Milk	Meatballs Mashed Potatoes & Gravy Breadstick Applesauce 1% Low Fat Milk	



Indicates a Balanced Choices Meal